

UTS:SHORT COURSES

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Leadership Practice – Applying Positive Psychology

CREATING LEADERS FOR THE FUTURE

We all know what makes a good leader: people who are innovative, courageous, resilient and powerful. A good leader knows how to motivate people, get the best out of them, make people feel good about what they are doing, and be proud of what they can, and have, achieved.

The power of the feel-good factor and its flow-on benefits are the same principles that underpin Positive Psychology, which actively seeks to nurture talent, happiness and fulfilment. This program combines the principles of positive psychology with its potential for use in leadership training, where the aim is to identify and develop the knowledge, skills and capabilities necessary so people can become not just good, but extraordinary leaders.

This program will be presented by two leading academics and practitioners, with content developed from their extensive experience in social scientific research on the factors that promote and sustain positive well-being, health and performance in organisational life and how best these can be applied to Leadership.

Who Will Benefit?

This course is particularly useful for:

- Human Resources and Learning & Development professionals
- Managers and team leaders
- Psychologists and counsellors
- Change agents.

Program

Day One: *Positive Psychology in Leadership*

- The evolution of management as a discipline
- What we know, and how we know it
- Introduction to Positive Psychology
- Positive Psychology of Leadership
- Knowing and developing one's self.

Day Two: *Inspiring Others*

- Organisations as complex relationships
- Passion in organisations
- In the Zone – promoting flow and creativity
- Applied Positive Psychology
- Coaching individuals
- Coaching groups.

Day Three: *Leading Change*

- The leader as a storyteller
- Building organisational narrative capital
- The leader as change agent
- The leader as a stabilising force
- Group dialogue.

Further Information

Enrolment enquiry

Tel: 02 9514 2912

Email: shortcourses@uts.edu.au

Course content enquiry

Tel: 02 9514 3504

Email: executive.development@uts.edu.au

About the Presenters

Dr Tyrone S. Pitsis

Dr Pitsis is co-director of the Centre for Management and Organisation Studies at UTS, and recognised as one of the leading thinkers in applied positive psychology. His specific areas of expertise include the positive psychology of project-based organising, and the factors necessary for promoting creativity and innovation.

He has several federal government research grants, top tier publications, and bestselling books and book chapters to his name. He recently coached teams to first place in the Boston Consulting Group strategy competition, and is the coach of the Washington University's Global Social Entrepreneurship Competition in 2010.

Consistently ranked as one of the top teachers in the Graduate School of Business, Dr Pitsis is known for his highly engaging and provocative teaching approach, and actively challenges people to question their approach to leadership.

Mr Saul Brown

Saul Brown is an adjunct lecturer in the UTS MBA program, teaching the subject Managing People and Developing Executive Leadership. He is also the managing director of 2b Consulting and works with many of Australia's leading organisations to create high performance teams and leaders.

Saul has a unique combination of practical business and leadership experience supported by broad academic studies in human and business performance. He has led start-ups, large corporate teams, and community organisations, always achieving significant positive results on a range of hard and soft measures. His coaching and consulting clients now achieve similar results.

Central to Saul's approach is engaging individuals to be their best, facilitating strong team dynamics and dialogue and creating positive organisation cultures – recognising that the role of the leader is central to a team's success.

Course Details
2012 Dates
Duration 3 days 8.30am-5.30pm
Price \$2700 (+GST) Includes morning tea, lunch and afternoon tea.
Discounts 15% for 3+ enrolments 10% for UTS Alumni
Presenter Dr Tyrone S. Pitsis Mr Saul Brown
Location Sydney CBD
Max. Enrolments 25
Entry Requirements None